



2024 - 2025 U18 Men's National Team Training

Training Schedule

Dryland: Fukien Secondary School Affiliated School (Yau Tong)

School Address: Phase 2, Yau Tong Estate, Kowloon

Date		Time	Rink	Training Session
Feb				
5-Feb-25	Wed	21:30 - 23:00	Lohas	Training 1
6-Feb-25	Thu	21:00 - 22:30	Lohas	Training 2
9-Feb-25	Sun	13:00 - 16:00	Dryland	Training 3
12-Feb-25	Wed	21:30 - 23:00	Lohas	Training 4
13-Feb-25	Thu	21:00 - 22:30	Lohas	Training 5
15-Feb-25	Sat	22:25 - 23:45	Mega Ice	Training 6
16-Feb-25	Sun	13:00 - 16:00	Dryland	Training 7
19-Feb-25	Wed	21:30 - 23:00	Lohas	Training 8
20-Feb-25	Thu	22:15 - 23:45	Lohas	Training 9
22-Feb-25	Sat	22:25 - 23:45	Mega Ice	Training 10
23-Feb-25	Sun	13:00 - 16:00	Dryland	Training 11
26-Feb-25	Wed	21:30 - 23:00	Lohas	Training 12

Schedule is subject to change, depending on additional ice training, dryland and classroom sessions

Updated on 20 January 2025

